



*Living
Sabai*

Advanced Certification Program

This program is designed for those who have demonstrated a commitment to learning and practicing Thai Massage and a desire to specialize as a Thai Massage Practitioner. Because taking the time to travel to Thailand to study advanced techniques is not possible for many practitioners, Living Sabai offers a path to Advanced Certification that you can complete in your own time, right here in the United States. Upon completion of the program, you will be confident to specialize in Thai Massage in your practice or at your place of employment.

Benefits

- Gives you a Thailand education at a fraction of the cost.
- Sets you apart from your peers.
- Looks great on your resume or bio.
- Makes you more marketable to both employers and prospective clients.
- No cost to you outside of the regular tuition for the required courses.

Requirements

- ⦿ Applicants must complete all three of Living Sabai's core competency CE courses: Thai Massage 3-Day Intensive, Thai Massage Weekend Immersion, and Traditional Thai Foot Massage.
- ⦿ Applicants must assist (TA) in at least one of the 3 core competency courses.
- ⦿ Applicants must complete 15 sessions that are each at least 60 minutes long with client evaluations. Evaluation template provided.
- ⦿ Applicants must turn in 3 mock sequences for a complete Thai Massage: 1 60-minute sequence, 1 90-minute sequence, and 1 2-hour sequence.
- ⦿ Applicant must receive at least 2 professional Thai Massages from different practitioners and fill out a form to document the sessions. Form template provided.

Document Checklist

Please turn in all required documents at ONE time. Documents must be mailed in paper format. Partial mailings, emails, pdfs etc. will NOT be accepted. Upon receipt of a complete set of documents, your status will be reviewed. If Living Sabai feels that you are not ready or something more is needed, you will be contacted. If your paperwork is processed and completed to a satisfactory level, you will receive a certificate in the mail. Please allow up to 3 weeks to receive your certificate.

Please include all of the following in your packet:

- ☐ Photocopies of your certificates proving attendance in all 3 of Living Sabai's core courses.
- ☐ Proof of assisting in at least one workshop- simply list date, location, and which workshop you assisted.
- ☐ Client Evaluations: Please include a copy for each evaluation you receive. You must submit a minimum of 15 60-minute session evaluations using the evaluation form provided by Living Sabai. A minimum of 4 unique clients is required. (All 15 sessions must be done on 4 or more clients.)
- ☐ Sample Sequences: Please provide in the legible format of your choice an example of what you would include in a 60-minute, 90-minute, and two-hour Thai massage. You can use pictures, titles of techniques, or your own words to demonstrate this. Prior to submitting, please take the time to run through these sequences a few times to ensure they flow well and you feel confident.
- ☐ A signed copy of waiver.
- ☐ Forms documenting that you received at least 2 professional Thai Massages by different practitioners.

Mailing Address: 70 Woodin Place, Suite 403, Asheville NC 28801

Living Sabai Advanced Certification Waiver

I, _____, have completed all the requirements of the Living Sabai Advanced Certification program personally and truthfully. I understand that I do not receive any additional continuing education credit other than what I have already been awarded by successfully completing all 3 Living Sabai core competency courses. I understand that this advanced certification is for the sole purpose of recognition for the extra work and time I have dedicated to honing my skills as a Thai Massage Therapist. I understand that certificate is not recognized by any state or national massage therapy board. I promise to not falsely advertise any additional certifications or credentials other than what I have truthfully and/or legally awarded.

Print Name _____

Signature _____

Date _____



Living Sabai Advanced Certification Program

Applicant Evaluation Form

Date of session:

Length of Session:

Client Name:

Please answer this evaluation honestly. This form is designed to help our massage therapists improve their skills in Thai Massage.

What was your overall impression of your massage today?

What did you enjoy most about this session?

Were you uncomfortable at any time during the session, and if so, what was the reason?

List two things you feel that could be improved: (pressure, stretching, pace etc.)

Would you pay the same rate for this massage as a regular massage on a massage table?



Living Sabai Advanced Certification Program

Professional Thai Massage Documentation

Date of Session:

Therapist name/ location:

Length of Session:

What was your overall impression of the session you received?

What did you learn from your session?

How will this session impact your own practice of Thai Massage?

What did you like most about the session?

What if anything did you dislike and why?