

Living Sabai Advanced Certification Program

Introducing the Living Sabai Advanced Certification Program...

Many of you have demonstrated a commitment to learning and practicing Thai Massage and a desire to specialize as a Thai Massage Practitioner. Most working people, parents, and business owners can not put their responsibilities on pause to travel to Thailand to take advanced training. Living Sabai is now bringing a Thailand training experience to you!

What are the benefits of Advanced Certification Program?

Upon completion of the program, you will be qualified to specialize in Thai Massage in your practice or at your place of employment.

Experience a Thailand education at a fraction of the cost.

Being certified will set you apart from your peers.

Great on your resume or bio.

More marketable to both employers and prospective clients.

There is no cost to you, outside of the regular tuition for the required courses.

Requirements for Advanced Certification:

- Applicants must complete all three of Living Sabai's core competency CE courses- Thai Massage 3 Day Intensive, Thai Massage Side-lying position*, and Traditional Thai Foot Massage
- Applicants must assist in at least one of the 3 core competency courses
- Applicants must complete at least 10 ninety minute sessions and 5 two hour sessions with client evaluations. Evaluation form template provided by Living Sabai
- Applicants must turn in 3 mock sequences for a complete Thai Massage: 1 60 minute sequence, 1 90 minute sequence, and 1 2 hour sequence.
- Applicant must receive at least 2 professional Thai Massages from different practitioners and fill out form to document your sessions.

**in 2014, Thai Massage Side-Lying Position is being replaced by Thai Massage Weekend Immersion*

Living Sabai Advanced Certification Document Checklist

Please turn in all required documents at ONE time. Documents must be mailed in paper format. Partial mailings, emails, pdfs etc. will NOT be accepted. Upon receipt of a complete set of documents, your status will be reviewed. If Living Sabai feels that you are not ready or something more is needed, you will be contacted. If your paperwork is processed and completed to a satisfactory level, you will receive a certificate in the mail. Please allow up to 3 weeks to receive your certificate. GOOD LUCK!!

Mail complete packets to:
Living Sabai
62 Longview Rd
Asheville, NC 28806

Please include all of the following in your packet:

- A photo copy of your certificates proving attendance in all 3 of Living Sabai's core courses.**
- Proof of assisting in at least one workshop.** If you have assisted prior to the inception of this program, please provide a document stating the date and location of the workshop(s) you assisted. If you have not yet assisted, please have Jill Burynski sign off on a document that she will provide for you upon completion of your assisting. Include that document in your packet.
- Client Evaluations-** Please include a copy for each evaluation you receive. You must submit a minimum of 10 ninety minute session evaluations and 5 two hour evaluations. Please use the evaluation form provided by Living Sabai. A minimum of 4 unique clients is required. (you can't do all 15 sessions on less than 4 people)
- Sample Sequences-** Please provide in the legible format of your choice an example of what you would include in a 60 minute, 90 minute, and 2 hour Thai massage. You can use pictures, titles of moves, or your own words to demonstrate this. Please try these sequences out at least a couple of times before submitting.
- A signed copy of waiver**
- Forms documenting that you received at least 2 professional Thai Massages by different practitioners**

Living Sabai Advanced Certification Waiver

I _____ have completed all the requirements of the Living Sabai Advanced Certification program personally and truthfully. I understand that I do not receive any additional continuing education credit other than what I have already been awarded by successfully completing all 3 Living Sabai core competency courses. I understand that this advanced certification is for the sole purpose of recognition for the extra work and time I have dedicated to honing my skills as a Thai Massage Therapist. I understand that certificate is not recognized by any state or national massage therapy board. I promise to not falsely advertise any additional certifications or credentials other than what I have truthfully and/or legally awarded.

Print Name _____

Signature _____

Date _____

**Living Sabai Advanced Certification Program
Applicant Evaluation Form**

Date of session:

Length of Session:

Client Name:

Please answer this evaluation honestly. This form is designed to help our massage therapists improve their skills in Thai Massage.

What was your overall impression of your massage today?

What did you enjoy most about this session?

Were you uncomfortable at any time during the session?

List two things you feel that could be improved: (pressure, stretching, pace etc.)

Would you pay the same rate for this massage as a regular massage on a massage table?

**Living Sabai Advanced Certification Program
Professional Thai Massage Documentation**

Date of Session:

Therapist name/ location:

Length of Session:

What was your overall impression of the session you received?

What did you learn from your session?

How will this session impact your own practice of Thai Massage?

What did you like most about the session?

What if anything did you dislike and why?